WHAT IS CLAIMED IS:

- 1. A stable modified metal oxide sol which contains from 2 to 50 wt%, as calculated as metal oxides, of particles (c) comprising colloidal particles (a) of a metal oxide having primary particle diameters of from 2 to 60 nm, as nuclei, and a coating material (b) consisting of
- nuclei, and a coating material (b) consisting of colloidal particles of an acidic oxide coated on the surface of the particles (a), and which has primary particle diameters of from 2 to 100 nm.
- 2. The modified metal oxide sol according to Claim 1, wherein the metal oxide as the nuclei is an oxide of at least one metal selected from the group consisting of Ti, Fe, Cu, Zn, Y, Zr, Nb, Mo, In, Sn, Sb, Ta, W, Pb, Bi and Ce.
- 3. The modified metal oxide sol according to Claim 1, wherein the acidic oxide to be used for the coating material (b), is antimony oxide.
 - 4. The modified metal oxide sol according to Claim 1, wherein the coating material (b) is a diantimony pentoxide colloid containing an alkali component.
 - 5. The modified metal oxide sol according to Claim 4, wherein the coating material (b) contains an alkali component consisting of an alkylamine, and has a M/Sb_2O_5 molar ratio (wherein M is an amine molecule) of from 0.02 to 4.00.
 - 6. The modified metal oxide sol according to Claim 1, wherein the coating material (b) further contains an

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alkylamine-containing silica.

- 7. A process for producing the modified metal oxide sol as defined in Claim 1, which comprises mixing an aqueous sol containing the collidal particles (a) of a metal oxide as nuclei, and an aqueous sol containing the coating material (b), in a weight ratio of (b)/(a) of from 0.01 to 1 as calculated as metal oxides, and heating the aqueous medium.
- 8. A process for producing the modified metal oxide sol
 as defined in Claim 1, which comprises mixing an aqueous
 sol containing the collidal particles (a) of a metal
 oxide as nuclei, and an aqueous solution of a watersoluble alkali antimonate as the coating material (b), in
 a weight ratio of (b)/(a) of from 0.01 to 1 as calculated
 as metal oxides, and heating the aqueous medium, followed
 by cation exchange.
 - 9. A coating composition comprising the following components (A) and (B):

component (A): at least one silicon-containing

substance selected from the group consisting of organic

silicon compounds of the formula (I):

$$(R^1)_a(R^3)_b Si(OR^2)_{4-(a+b)}$$
 (I)

wherein each of R¹ and R³ is an alkyl group, an aryl group, a halogenated alkyl group, a halogenated aryl group, an alkenyl group, or an organic group having an epoxy group, an acryloyl group, a methacryloyl group, a mercapto group, an amino group or a cyano group, which is

bonded to the silicon atom by a Si-C bond, R^2 is a C_{1-8} alkyl group, an alkoxyalkyl group or an acyl group, and each of a and b is an integer of 0, 1 or 2, provided that a+b is an integer of 0, 1 or 2, and the formula (II):

[(R⁴)_cSi(OX)_{3-c}]₂Y (II)

wherein R^4 is a C_{1-5} alkyl group, X is a C_{1-4} alkyl group or an acyl group, Y is a methylene group or a C_{2-20} alkylene group, and c is an integer of 0 or 1, and their hydrolyzates; and

- component (B): colloidal particles of a modified metal oxide which have primary particle diameters of from 2 to 100 nm and which contain particles (c) comprising colloidal particles (a) of a metal oxide having primary particle diameters of from 2 to 60 nm, as nuclei, and a coating material (b) consisting of colloidal particles of an acidic oxide coated on the surface of the particles (a).
 - 10. The coating composition according to Claim 9, wherein the component (A) is at least one silicon-containing substance selected from the group consisting of the organic silicon compounds of the formula (I) and their hydrolyzates.
- 11. The coating composition according to Claim 9, wherein the metal oxide to be used for the nuclei of the
 25 component (B) is an oxide of at least one metal selected from the group consisting of Ti, Fe, Cu, Zn, Y, Zr, Nb,
 Mo, In, Sn, Sb, Ta, W, Pb, Bi and Ce.

- 12. The coating composition according to Claim 9, wherein the acidic oxide to be used for the coating material (b) of the component (B), is antimony oxide.
- 13. The coating composition according to Claim 9, wherein the coating material (b) of the component (B) is a diantimony pentoxide colloid containing an alkali component.
 - 14. The coating composition according to Claim 13, wherein the coating material (b) of the component (B)
- contains an alkali component consisting of an alkylamine, and has a M/Sb_2O_5 molar ratio (wherein M is an amine molecule) of from 0.02 to 4.00.
 - 15. The coating composition according to Claim 9, wherein the coating material (b) of the component (B) further contains an alkylamine-containing silica.
 - 16. The coating composition according to Claim 9, which contains at least one curing catalyst selected from the group consisting of metal salts, metal alkoxides and metal chelates.
- 20 17. An optical element which comprises an optical substrate and a cured film made of the coating composition as defined in Claim 9 formed on the surface of the optical substrate.
- 18. The optical element according to Claim 17, which
 25 further has an antireflection film formed on its surface.